



# IntimateRider™ Fact Sheet

What you need to know about...

## Arthritis & Intimacy

### IntimateRider™ Features



- Comfortable Conforming Fabric
- Stable Back Support
- Optimal Seat Depth
- Non-skid Leg Glides
- Precision Bearings
- Folds for Compact Storage

Sex can be a gentle and tender activity that heals. IntimateRider's natural motion relieves stress on your joints and will inspire new positions for an enhanced physical relationship. Sex can best be enjoyed when an encounter is planned at a time when you generally feel your best. Invite your partner to join you for a warm bath or shower to loosen joints and heighten arousal. Set the mood with scented candles, soft music then ask for a gentle massage to help relax your body. It is important for you and your partner to adapt and communicate to find new ways that make sex work best for you.

**Q:** How will joint replacement affect my sex life?

**A:** There is a good possibility that new joints will improve all qualities of life – including sex. Artificial knees are quite sturdy, although you may still prefer positions that avoid pressure on your knees. A man with knee replacement can embrace his partner while sitting in the IntimateRider as the gentle sway provides natural motion and relieves pressure on his knees. Women with joint replacement can find the same support on the IntimateRider as well as a variety of comfortable positions with the RiderMate and Rider Cushion.

### IntimateRider™ Accessories



- RiderMate™
- Rider Cushions
- Colorful Slip-covers
- Travel Bag

**Q:** How can my partner and I overcome physical difficulties of joint stiffness to enjoy a fulfilling sex life?

**A:** A healthy and satisfying sex life is possible for everyone with arthritis. Learning to adapt and communicate to make your love life more fulfilling is very important. Finding comfortable and gentle positions with the IntimateRider and RiderMate is a great way to discover new freedom and pleasures in your personal relationships.

### IntimateRider™ Benefits



- Tender Movements
- Stability for New Positions
- Light and Easy to Transfer
- Low Center of Gravity

### IntimateRider™ Sex Ability

- Discover many new comfortable positions that were not attainable before.
- Enhanced sexual performance
- Natural motion & support provide hip movement desired for sexual function
- Use of optional RiderMate™ and Rider Cushions provide added comfort and support
- Find more gratifying freedom and pleasure

**Contact Us:** For additional information: [info@intimaterider.com](mailto:info@intimaterider.com)  
or call the **IntimateRider Hotline at 952.873.6136**  
**Order online at: [www.intimaterider.com](http://www.intimaterider.com)**

 **IntimateRider™** *Bringing Couples Together*

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